

SMART Goal Model

Smart Goals are:

1. Specific
2. Measurable
3. Attainable
4. Relevant
5. Time-Sensitive

As you develop your proposal elaborate on how it will be accomplished in specific, measurable, attainable, relevant and time-sensitive terms. As you write the proposal, be sure to ask these questions:

Specific -- What makes this particular goal specific?

- Describes a function to be performed
- Uses action verbs to describe what has to be accomplished

Measurable -- How is this goal measurable?

- It is quantifiable
- Limits and parameters are defined
- Results are observable

Attainable -- How is this goal within reach?

- There is the required degree of experience
- The necessary skills and knowledge are present
- The resources to carry the work out are available

Relevant -- How do you know this goal is relevant to the work to be done?

- It has a clear link to HIV AIDS

Time-Sensitive -- What timeframes have been set for the completion of this goal?

- It has a clearly defined completion date
- There is a clearly defined duration to the goal
- The frequency with which work must be performed is clearly defined