

GRATITUDE MENU

EARN AS MANY POINTS AS YOU CAN!
SHARE PHOTOS AT #GPGRATITUDE

APPETIZERS - 1 POINT

Write down three things you are grateful for.
Watch this [video](#) on gratitude.
Give to your favorite charity.

SIDES - 2 POINTS

Send a Thank You letter to someone you're grateful for.
Check out a book about gratitude at the public library.
Play this [Gratitude Game](#).

ENTREES - 5 POINTS

Host a virtual Friendsgiving event.
Explore these [Prayer Stations](#) with your family.
Volunteer your time to a local organization that does good.

DESSERT - 2 POINTS

Paint or make these [Gratitude Stones](#).
Play this [Gratitude Scavenger Hunt](#) with your family or friends.
Make a homemade Christmas gift for a loved one.

