



# Gratitude Bingo

Choose an act of gratitude (or a few!) and fill in the square.  
Who can get BINGO first?!

Make a homemade Christmas gift for a loved one.	Give money to your favorite charity.	Watch this <a href="#">video</a> on gratitude.	Leave Post-it Notes around the house, naming things you're thankful for.	Take deep breaths for a whole minute.
Write down three things you are grateful for.	Check out a book about gratitude at the public library.	Write a letter to someone you're grateful for, and send it.	Paint or make these <a href="#">Gratitude Stones</a> .	Name 5 positive things about your day today.
Put signs of encouragement in your windows or on your mirrors.	Volunteer at a local organization of your choice.	<b>FREE SPACE</b>	Host a Friendsgiving party.	Spend time in prayer, thanking God for your blessings.
Create a photo collage of the things that bring you joy.	Play this <a href="#">Gratitude Scavenger Hunt</a> with friends or family.	Explore these <a href="#">Prayer Stations</a> with your family.	Play this <a href="#">Gratitude Game</a> .	Use this <a href="#">Wheel of Gratitude</a> at a meal with friends or family.
Memorize Psalm 118:24.	Google "ways to cultivate gratitude" and choose one.	Write a thank you note to yourself.	Compliment three strangers.	Tell someone why they are important to you.