

Faith Practice: Prayer Advocate

Lent 2023

Friends, we invite you to consider having a prayer advocate, someone who can pray with you on your behalf. We each have both been people who have prayed for others and people who have been prayed for. If you have someone who prays for you, how has your life been changed? If you have not had someone praying for you, would you consider this? Would you consider this for such a time as this? What would it look like to show your heart to God and to one other person and invite them to pray on your behalf? When we are in the midst of so much all around us, what would it look like to pay attention to God and invite someone alongside us as we do to pray on our behalf? We also invite you to invite someone to be your Prayer Advocate during our Lenten journey, someone who prays with and for you. Or consider entering a Prayer Partner relationship, mutually praying for each other. Both can happen in the relationship.